Table S2. Quantification of phenolic compounds (μg g^{-1} DW) by LC-ESI-MS/MS in methanol/water/hydrochloric acid soluble extract (MWH-SE) obtained from raw whey-fruit smoothie (Raw_WFS) and raw fruit smoothie (Raw_FS).

Compounds	**Raw_WFS**	**Raw_FS**
Gallic acid	0.31 ± 0.00[a]	0.23 ± 0.01[b]
3- hydroxybenzoic acid	13.32 ± 1.31	13.13 ± 4.15
Chlorogenic acid	62.94 ± 0.06[a]	45.05 ± 0.38[b]
***p*-coumaric acid**	9.39 ± 0.20	9.9 ± 0.20
Phloridzin	11.24 ± 3.24	11.5 ± 0.50
Isorhamnetin	5.6 ± 1.16	4.46 ± 0.01
Naringenin	1.46 ± 0.46	1.25 ± 0.04
Phloretin	6.15 ± 0.04	6.03 ± 0.00
Quercetin	0.93 ± 0.23	0.81 ± 0.01
Isoquercetin	3.59 ± 0.13[a]	1.47 ± 0.00[b]
Epicatechin	25.05 ± 0.5[a]	21.87 ± 0.22[b]
Procyanidin B2	25.46 ± 0.51	26.39 ± 0.2
Ellagic acid	8.7 ± 0.78[a]	6.01 ± 0.20[b]
Vanillin	6.14 ± 0.13	6.07 ± 0.03

[a–b] Means within the row with different letters are significantly different ($P < 0.05$).